## **2024 LH Summer Sports Camps - Google Docs LA HABRA HIGH SCHOOL**

## 2024 Summer Athletic Schedule

**CIF Dead Period June 3-16** 

Athletic Clearance: All athletes must be cleared to participate. Register for an account on athleticclearance.com and download the Physical Examination Form. Once the form is completed by a licensed physician, upload to athleticclearance.com

## Men's Sports

Camp	Session Dates	Details	Suggested Donation	Contact Information
Baseball	7/9-7/11	Summer Camp will start at 10AM to 1PM. We will also be in a JV/VAR summer league that runs from 6/20 to 7/10 Games will played Tues/Thurs	\$125	Jack Brooks jbrooks@fjuhsd.org
Boys Basketball	6/17-7/16	Parent meeting at 6pm in Senior Park on 6/17. Our camp includes practices M/W with games on T/TH and two weekend tournaments.	\$275	Aaron Riekenberg ariekenberg@fjuhsd.org
Boys Cross Country/Track & Field	7/1-8/8	XC - An informational meeting will be held on Wednesday, June 12th @ 1:15 pm in Room 101. The first running day will be Monday, July 1st @ 7:30 AM starting from Room 101. (Four days a week.)  T&F - Tryouts for 24/25 school year in winter, dates/times TBA.	\$50	Mark Gonzales mgonzales@fjuhsd.org Stephen Imlay simlay@fjuhsd.org
Football	6/17-7/25	Monday-Thursday 3:00 to 5:30 PM in the Stadium		Frank Mazzotta fmazzotta@fjuhsd.org
Boys Golf	6/17-6/28	June 17,18,19,20,21 @ La Habra June 24,25,26,27,28 @ La Habra Time: 1:30 - 3:30 PM		Cody Verdugo cverdugo@fjuhsd.org
Boys Soccer		<ul> <li>Monday, July 22-25 (Practice session at LHHS Stadium from 6:00 to 8:30 PM)         <ul> <li>New and Returning Players</li> <li>Camp consists of instruction, player evaluations and game simulation</li> </ul> </li> <li>Donation Payment Information:         <ul> <li>\$150 - Check made payable to: LHHS Boy's Soccer Any Questions - Contact: Coach Joel Carlisle <u>icarlisle@fjuhsd.org</u></li> </ul> </li> </ul>		Joel Carlisle jcarlisle@fjuhsd.org
Boys Tennis		July 22-25, 2024 @ LHHS Tennis Courts Monday 7/22, Tuesday 7/23, Wednesday 7/24 from 8:00-10:30 AM Thursday 7/25 from 8:00-11:30 AM *extended time for a full tennis tournament	\$135 *cost includes LHHS Tennis t-shirt	Derek Marshall dmarshall@fjuhsd.org
Boys Volleyball		No camp at this time		Jennifer Church jchurch@fjuhsd.org
CoEd Swimming		No Camp at this time		Mark Cholette mcholette@fjuhsd.org
Boys Water Polo	6/17/24 to 7/27/24	Practices mornings and weeknights TBA. Weeknight leagues for Varsity and JV/FS TBA and weekend tournaments also TBA.	\$150	Mitch Carty mcarty@fjuhsd.org
Boys Wrestling	6/17- 7/25	Practices Monday-Thursday wrestling 4:00 - 5:30pm. (Mondays and Wednesdays will have weight room prior to wrestling from 1 - 3:30 PM). Association tournaments are on Saturdays (on select dates)	\$100	Dominic Rodriguez dorodriguez@fjuhsd.org

Women's Sports

<u>women's Sports</u>							
Camp	Session Dates	Details	Suggested Donation	Contact Information			
Girls Basketball	6/17/24-7/28/24	Summer Basketball Season. First practice is 6/17-6/24 at 6 PM @ Gym. Practice schedules and Game schedules will be given out at parent meeting. Feel free to follow our Instagram @lhhs.girlsbasketball	\$225	Jet Julian jjulian@fjuhsd.org			
Cheer	Tryouts 4/25-27	Tryouts for 24/25 school year 4/25-27. Team summer camp August 5-8 (only for team members)		Allison Marisy amarisy@fjuhsd.org			
Girls Cross Country/Track & Field	7/1-8/8	XC - An informational meeting will be held on Wednesday, June 12th @ 1:15 pm in Room 101. The first running day will be Monday, July 1st @ 7:30 AM starting from Room 101. (Four days a week.)  T&F - Tryouts for 24/25 school year in winter, dates/times TBA.	\$50	Mark Gonzales mgonzales@fjuhsd.org Stephen Imlay simlay@fjuhsd.org			
Girls Golf	6/17-6/28	June 17,18,19,20,21 @ La Habra June 24,25,26,27,28 @ La Habra Time: 1:30 - 3:30 PM		Cody Verdugo cverdugo@fjuhsd.org			
Girls Soccer	6/24-7/19	The 2024 Summer Camp will be held from 6/24-7/26. This is the first opportunity for incoming freshmen to experience the program and work with the coaches. The camp includes training sessions and a summer tournament.	\$175	Diego Gonzalez diegogonzalezdominguez @fjuhsd.org			
Softball	6/18-6/20	Incoming Freshman Prospect Camp June 18th, 19th & 20th - @ Lady Highlander Field 1- 4 PM	\$75	Joaquin Villalobos ladyhighlandersoftball@g mail.com			
Song	Tryouts 4/4-4/6	Tryouts for 24/25 school year held on April 4-6 Team summer camp June 26-29 (only for team members)		Hannah Mendoza hmendoza@fjuhsd.org			
Girls Tennis		July 22-25, 2024 @ LHHS Tennis Courts Monday 7/22, Tuesday 7/23, Wednesday 7/24 from 8:00 -10:30 AM Thursday 7/25 from 8:00 - 11:30 AM *extended time for a full tennis tournament	\$135 *cost includes LHHS Tennis t-shirt	Derek Marshall dmarshall@fjuhsd.org			
Girls Volleyball	6/26, 6/28,6/29	Incoming Freshman Summer Camp, 5:00 - 8:00 PM. Donation of \$125 will include Camp T-shirt. Must be athletically cleared before the first day. No experience necessary. Come workout and learn from the return Varsity players and coaches. Tryouts dates to follow	\$125	Jennifer Church jchurch@fjuhsd.org			
Girls Water Polo	6/19 - 7/27	The 2024 Summer Camp for incoming Freshman will be held from 6/19 to 7/27. Mondays, Wednesdays & some Tuesday night games. Practice times 4:15 to 6:15 PM. We may also have some Saturday games. No experience needed, beginners are welcome! A Parent meeting will be held on May 9th in Room 45 at 6:30 PM this will give parents a chance to ask questions and meet the Coaches	\$225	Stan Sprague sesprague@sbcglobal.net			
Girls Wrestling	6/17-7/25	Practice Monday-Thursday wrestling 4:00 - 5:30 PM. (Mondays and Wednesdays will have fitness center workouts prior to wrestling from 1-3:30pm). Saturdays are association tournaments on select dates.	\$100	Dominic Rodriguez dorodriguez@fjuhsd.org			

If you have questions about a camp, please contact the coach listed. Program donations can be paid in the Activities Office (Room 17) or online through our payment portal

Athletic Director: Paul Caffrey: <a href="mailto:pcaffrey@fjuhsd.org">pcaffrey@fjuhsd.org</a>